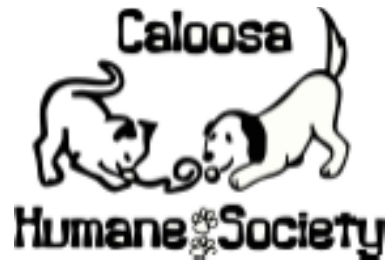




5K Run/Walk
February 22, 2020
7:30 a.m.
Grandeur Oaks Plaza
870 Hickpochee Ave.
LaBelle, FL 33935

Presented by:



Timing Services provided by:



OVERALL AWARDS

- Top Male and Female Overall
- Top Male and Female Masters 40 & over
- Top Male and Female Grandmasters 50 & over
- Top Male and Female Senior Grandmasters 60+
- Top Runner/Pet Team

AGE GROUP AWARDS

Three awards are given in each age division

<u>Female Age Divisions</u>		<u>Male Age Divisions</u>	
11 & under	12-14	11 & under	12-14
15-19	20-24	15-19	20-24
25-29	30-34	25-29	30-34
35-39	40-44	35-39	40-44
45-49	50-54	45-49	50-54
55-59	60-64	55-59	60-64
65-69	70-74	65-69	70-74
75 & over		75 & over	



All proceeds of the Swamp Stomp 5K Run/Walk go towards the care of the homeless pets that temporarily reside at Caloosa Humane Society. We are a no-kill shelter and care for over 1,000 animals each year.

THANK YOU FOR YOUR SUPPORT!

CALOOSA HUMANE SOCIETY'S SWAMP STOMP 5K

FEBRUARY 22, 2020

LOCATION AND COURSE

This beautiful 5K course in LaBelle, FL takes runners and walkers under arching oaks, with glimpses of the Caloosahatchee River along the way. The race starts and finishes at Grandeur Oaks Plaza.

COURSE MAP



REGISTRATION

Register online: <https://runsignup.com/Race/FL/Labelle/SwampStomp5k>

Register by mail: Entries must be postmarked by Feb. 15th to be accepted. Mail entry form and check to **Swamp Stomp, c/o Caloosa Humane Society, PO Box 2337, LaBelle, FL 33975.** Make checks payable to **Caloosa Humane Society.**

Register in person: Pre-register in person until February 21, 2020 during regular business hours at **Caloosa Humane Society, 1200 Pratt Boulevard, LaBelle, FL 33935.**

AMENITIES

The first 325 participants receive a race t-shirt and Swag Bag. Shirt size based upon availability.

POST-RACE REFRESHMENTS

Fruit, bagels, juice and water will be provided. Relax and enjoy the refreshments while you await the awards ceremony!

TIMING

This event is timed with ChronoTrack Bib Tag electronic timing by **Lin-Mark Sports, Inc.** Your timing chip is attached to your race number bib. Do fold, wrinkle, or remove the tag from the bib.

ENTRY FEES

Prior to January 21, 2020:

Adult: \$25

Youth (under 18): \$15

***youth must pre-register for discount**

After January 22, 2020 to February 21, 2020:

Adult: \$30

Youth (under 18): \$15

***youth must pre-register for discount**

Race Day Registration (on Feb. 22, 2020):

\$40 ALL ENTRANTS

Registration is non-refundable and non-transferable. No exceptions please. Caloosa Humane Society reserves the right to reject any entry and to offer special invitations.

PACKET PICKUP

Friday, Feb. 21, 2020

Caloosa Humane Society, 1200 Pratt Blvd.

12:00 p.m. – 5:00 p.m.

Sat. Feb. 22, 2020

Grandeur Oaks Plaza, 870 W. Hickpochee Ave., LaBelle, FL 33935

6:30 a.m. – 7:15 a.m.

Official Entry Form – Caloosa Humane Society Swamp Stomp 5K

First Name: _____ Last Name: _____ Official Use Only _____ M.I. _____

Date of Birth: _____ Age (on Race Day): _____ M _____ F _____ Shirt Size S _____ M _____ L _____ XL _____

Address: _____ City: _____ State _____ Zip: _____

Telephone: _____ Email: _____

WAIVER AND RELEASE: This entry constitutes a waiver of liability and a limit of your legal rights. In consideration of acceptance of this entry, I, for myself, my executors, administrators, and assignees, do hereby release and discharge all sponsors, race officials, the Swamp Stomp, the Swamp Cabbage Festival, Inc., the City of LaBelle, Hendry County, Caloosa Humane Society, Inc., Caloosa Harbor Property Owners Assn., Inc., Grandeur Oaks Plaza, Double D Leasing LLC, and Lin-Mark Sports, Inc. of all claims, damages, and actions whatsoever, in any manner of my participation in the Swamp Stomp 5K Run/Walk. I attest and verify I have full knowledge of the risks involved in this event, and that I am physically fit and sufficiently trained for this event. I understand that if I am under the age of 18, I must have the permission of a parent or legal guardian in order to participate in this event. The undersigned guardian hereby consents to the minor applicant's participation in this event. I have read the above and fully understand that I am entering the Swamp Stomp 5K at my own risk, and by signing below, I agree to the above waiver.

Date: _____ Signature: _____ Parent/Guardian (if under 18): _____

Please make checks payable to Caloosa Humane Society, Inc.